

International Symposium

Promoting Self-efficacy with Digital Tools

digiself2018

Program

Date

Thursday, 8th February 2018

Time

12:45 – 17:30

(registration opens at 12:00)

Venue

Eventfabrik Bern

Fabrikstrasse 12, 3012 Bern, Switzerland



Nationale Strategie gegen Krebs
Stratégie nationale contre le cancer
2014–2020



krebsliga schweiz
ligue suisse contre le cancer
lega svizzera contro il cancro

oncosuisse

krebsforschung schweiz
recherche suisse contre le cancer
ricerca svizzera contro il cancro
swiss cancer research

International Symposium Promoting Self-efficacy with Digital Tools

digiself2018

International Symposium Presentation of selected digital and patient-oriented applications

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Simultaneous interpretations
English and German

Moderation
Mathis Brauchbar, advocacy, Zurich
Prof. Manuela Eicher, Centre hospitalier
universitaire vaudois, Lausanne

12:45 Welcome

PD Dr. Gilbert Zulian
President Swiss Cancer League,
Bern, Switzerland

13:00 Promoting patients' self-efficacy:
How can it be successful? (German)

Prof. Urte Scholz
Applied Social and Health Psychology,
University of Zurich, Switzerland

13:30 United Kingdom's perspective on the
use of digital solutions to improve
cancer patients' self-efficacy (English)

Prof. Claire Foster
Director of Macmillan Survivorship Research
Group, University of Southampton,
Southampton, UK

14:00 Presentation of selected digital and
patient-oriented applications

See next page for details

15:10 Break

15:45 The use of patient-reported outcomes
to improve outcomes and quality in
cancer care (English)

Prof. Ethan Basch
Director of Cancer Outcomes Research Program
at the UNC-Chapel Hill Department of Medicine,
Division of Hematology and Oncology,
University of North Carolina, USA

16:30 Digital solutions for cancer patients:
reach, (cost-)effectiveness and
implementation (English)

Prof. Irma Verdonck
Chair of the Research Group on Psychosocial
Oncology of the Vrije Universiteit Amsterdam
and VU University Medical Center,
the Netherlands

17:00 Closing remarks (German)

Mathis Brauchbar and Prof. Manuela Eicher

17:30 Adjourn / Aperitif

Consilium – Patient-centered
communication for improved self-efficacy
and quality of life (English)

Prof. Dr. med Andreas Trojan
OnkoZentrum Zürich, Schweiz

STREAM – Ein online Programm zur
Unterstützung bei Belastung während einer
Krebserkrankung. (German)

Dr. phil. Corinne Urech
Gynäkologische Sozialmedizin
und Psychosomatik
Frauenklinik Universitätsspital Basel

Symptom Navi – Förderung des
Selbstmanagements von Symptomen bei
Krebs (German)

Prof. Manuela Eicher
Institut universitaire de formation et de
recherche en soins- IUFRS und Pascal Sommer

Entspannung und Achtsamkeit für
Krebspatienten mit Hilfe einer App
(CanRelax) (German)

Dr. phil. Jürgen Barth
Institut für komplementäre und integrative
Medizin, Universitätsspital Zürich

FertiOnco – an online approach to facilitate
decision making in young female cancer
patients regarding fertility preservation
(English)

Dr. phil. Verena Ehrbar
Gynäkologische Sozialmedizin
und Psychosomatik
Frauenklinik Universitätsspital Basel

10:00 Pre-Symposium:
12:00 Meet the expert

See last page for details

Informal exchange between developers, providers and
interested parties on topics related to digital applications
to promote self-efficacy for cancer patients

10:00
› **12:00**

CanRelax – The app provides mindfulness and relaxation exercises for cancer patients. The users practice by themselves. Reminders help to increase regular use over time.

Comunicare – application mobile destinée à améliorer la communication entre patient et équipe soignante

Consilium – Mobile Tracking of Symptoms in Ambulatory Breast Cancer Patients

e-Carnet de Bord® – various e-tools prototypes extracted from the Carnet de Bord® – a toolkit of 76 tools conceived together by patients, health carers, specialists and researchers

www.fertionco.ch – Online decision-aid tool with regard to fertility preservation in female cancer patients

Prostate Cancer E-Health-Tutorial (**PROCET**) – Online decision aid for patients with prostate cancer, www.prostata-information.ch

RESTORE – web-based decision aid to support people living with cancer related fatigue after curative intent cancer treatment

Symptom Navi – Förderung des Selbstmanagements von Symptomen bei Krebs

Tumornachsorge-App – Unterstützt betroffene Patienten bei der Terminverwaltung während der Nachsorge

Dr. phil. Jürgen Barth & Michael Mikolasek,
Institute for Complementary and Integrative Medicine, UniversityHospital Zurich

Catherine Delcour
Business Developer COMUNICARE Comunicare Solutions, Seraing, Belgium

Mathis Brauchbar
advocacy ag, Geschäftsführender Partner, Zürich

Angela Grezet Bento de Carvalho
Présidente ASAP – Association Savoir Patient, direction projets Réseau Cancer du Sein, Genève and team Observatoire des Effets Adverses, Association Savoir Patient / Observatoire des Effets Adverses (Adverse Effects Observatory)

Dr. phil. Verena Ehrbar
Gynäkologische Sozialmedizin & Psychosomatik, Frauenklinik Universitätsspital Basel

Prof. Dr. Frank Wieber
Institute of Health Sciences,
Zurich University of Applied Sciences (ZHAW)

Prof. Claire Foster
Director of Macmillan Survivorship Research Group, Faculty of Health Sciences, University of Southampton, UK

Prof. Manuela Eicher
Professeure Associée, Institut universitaire de formation et de recherche en soins, CHUV UNIL
Pascal Sommer
Web Developer für Lindenhofgruppe (extern)

Martin Stierlin & Lukas Wyss
Medizininformatik, Berner Fachhochschule, Biel